



TOWN OF MIDDLEFIELD
COUNCIL ON AGING
middlefieldma.coa@gmail.com

Sept 11, 2024
Senior Center
Minutes

Members present: Chair Judith Hoag, Director Suzanne Lemieux, Sharon Barry, Char Gero and Patricia Jones.

Guests: Highland Valley Representative Teagan Swanson, Ray Gero, Wayne Main, and Dick Merrell.

The meeting was opened at 1:00

- **Highland Valley:** Teague Swanson gave us a general overview of the services that HVES provides. They have people who provide counseling services such as for transportation, shine counselors, home care programs, protective services, nutrition program, caregiver grants, money management and ombudsmen services. Costs are based on a sliding scale. They are working really hard to get people to work in Middlefield. Highland Valley is looking for volunteers to run programs such as Bingo, as a way to get information to people and have fun.
- **Minutes:** A motion was made and seconded to approve the minutes of 8/14/2024 as edited. Motion passed.
- **Appointments:** Three candidates were invited to share any interest that they may have in being a member of the COA. Ray Gero is interested and will become a member if there is no conflict of interest. Dick has too many threads to unravel in his life and Wayne Main is interested in becoming an alternate. The Board will present our options to the Selectboard to appoint new board members.
- **SHAEC:** SHAEC is offering computer classes. There is an interest in learning more about cell phones. Wednesday would be a good time to share with SHAEC.
- **Covid /Flu Clinic:** The Board agrees that the October 16th is good timing for the clinic.
- **MCOA:** Membership was discussed. Char will look into the benefits of enrolling and share these at the next meeting.
- **Shine:** Karen Lampau, navigator from Hilltown Community Centers will be here on Sept 18 next week.
- **EZ Ride Program:** Pat Jones reported on her EZ Ride transportation to the doctor's. It cost her \$2.25 up and \$2.35 back and was very pleasant. Ed is available to field calls from 8-10.
- **Events:** Ray will host a winter safety program on October 23rd. Ray's previous car inspection program and Mark Doane's home safety program provided useful tips for us. A motion was made and seconded to host the Dump Run Café the second Saturday of the month beginning on October 12. Sharon will host the event on Oct. 12. Discussion of the Cookie Swap led to agreeing to hold the Cookie Swap at Town Hall in order to include more people.

Meeting was adjourned at 2:54.

Next meeting: 2024/10/ 09

Respectfully submitted,

Suzanne C. Lemieux